## Paul Martin Guinther, Ph.D.

|  |  |
| --- | --- |
| PERSONAL INFORMATION | |
| Business Address: | Anchor and Arrow Behavioral Health, LLC  14523 Westlake Dr., Suite #1  Lake Oswego, OR 97035 |
| Business Phone: | 503-272-1514 |
| Website: | www.anchorandarrow.life |

|  |  |
| --- | --- |
| **CURRENT POSITION** | |
| 2019-present | Psychologist, Researcher, Owner  Anchor and Arrow Behavioral Health, LLC, Lake Oswego, OR |
|  |  |
|  |  |
| EDUCATION | |
| 2011-2013 | Postdoctoral Psychologist Residency, Portland Psychotherapy Clinic, Research, and Training Center, Portland, OR  Supervisors: Jason Luoma, Ph.D., Jenna LeJeune, Ph.D. |
|  |  |
| 2010-2011 | Predoctoral Internship, George E. Wahlen Veterans Affairs Medical Center, Salt Lake City, UT  Director: Sarah Turley, Ph.D. |
|  |  |
| 2004-2011 | University of New Mexico, Albuquerque, NM  Ph.D., Clinical Psychology, APA accredited  Mentor: Michael Dougher, Ph.D. |
|  |  |
| 2001-2003 | University of Colorado at Colorado Springs, Colorado Springs, CO  MA, Experimental Psychology |
|  |  |
| 1996-2001 | University of Colorado at Colorado Springs, Colorado Springs, CO  BA, Psychology |

# AREAS OF CURRENT CLINICAL AND RESEARCH INTEREST

* Chronic pain, Post-traumatic Stress Disorder, Anxiety Disorders
* Mindfulness, values, and acceptance-based therapies
* Relational Frame Theory
* Perspective taking, remembering, and self-as-context

**CLINICAL EXPERTISE**

**Licensure**

* Psychologist in the state of Oregon, #2258

**Theoretical Orientation and Treatment Approach**

* Functional Contextualism
* Clinical Behavior Analysis
* Clinical Scientist
* Evidence-based practices
* Empirically supported treatments

**Types of Treatment**

* Acceptance and Commitment Therapy
* Prolonged Exposure Therapy
* Pain Neuroscience Education (Explain Pain, Pain Reprocessing Therapy)
* Cognitive Behavioral Therapy
* Behavioral Activation
* Exposure with Response Prevention
* Motivational Interviewing

**Treatment Specialties**

* Chronic Pain
* Post-Traumatic Stress Disorder
* Anxiety Disorders

**Other Conditions Treated**

* Prolonged Grief Disorder
* Panic Disorder
* Agoraphobia
* Social Anxiety Disorder
* Obsessive-Compulsive Disorder
* Depression and Mood Disorders
* Anger Management
* Addiction and Smoking Cessation
* Adjustment to Chronic Medical Conditions
* Interpersonal Relationship Problems

**Modalities**

* Individual
* Groups

**Populations**

* Adults ages 18-65
* LGBTQ+ affirmative
* Veterans

|  |  |
| --- | --- |
| CLINICAL POSITIONS AND PRACTICUMS | |
| 2019-present  2018-2020 | ***Psychologist, Researcher, Owner,*** *Anchor and Arrow Behavioral Health, LLC, Lake Oswego, OR.*  Duties: Maintaining a private practice business and providing psychotherapy services in areas of clinical expertise. Conducting independent scientific research and maintaining research collaborations.  ***Psychologist,*** *Urban Counseling Collective, LLC, Beaverton, OR. (Formerly Portland Mental Health and Counseling, LLC)*  Duties: Providing psychotherapy services in areas of expertise. |
| 2017-2018 | ***Psychologist, Chronic Pain Specialist,*** *Western Psychological and Counseling Services, PC, Portland, OR.*  Duties: Offering specialist psychotherapy services to individuals with chronic pain and providing general psychotherapy services in areas of expertise. Running an evidence-based pain neuroscience education therapy group. |
| 2013-2017 | ***Psychologist, Depression Treatment Program Coordinator,*** *Portland Psychotherapy Clinic, Research, and Training Center, Portland, OR.*  Duties: Delivering evidence-based psychotherapy, conducting psychological research, laboratory management, program development, marketing, and administrative assistance. |
| 2008-2010 | ***Behavioral Medicine Practicum,*** *Behavioral Medicine Service, New Mexico VA Health Care System, Albuquerque.*  Duties: Conducting psychotherapy for individuals coping with various medical illnesses. Co-facilitating CBT chronic pain group and CBT for depression group; leading smoking cessation group. Conducting behavioral medicine intake evaluations, organ transplant evaluations, and evaluations for the treatment of hepatitis C with interferon. Presenting and participating in Behavioral Medicine rounds. Providing supervised peer supervision.  Supervisors: Annette Brooks, Ph.D., Brian Kersh, Ph.D., Eric Levensky, Ph.D. |
| 2008-2010 | ***Research Therapist,*** *Behavioral Medicine Service, New Mexico VA Health Care System, Albuquerque.*  Duties: Conducting sessions of Motivational Interviewing for individuals interested in improving diabetes management. Assisting in the construction of the treatment manual. Sessions were conducted as a part of a VA-funded grant evaluating diabetes management.  Supervisor: Eric Levensky, Ph.D. |
| 2007-2010 | ***Clinical Psychology Trainee,*** *Department of Psychology, University of New Mexico.*  Duties: Conducting Acceptance and Commitment Therapy for individuals with various mental health concerns.  Supervisor: Michael Dougher, Ph.D. |
| 2009 | ***Research Therapist,*** *Mind Research Network, Albuquerque.*  Duties: Conducted sessions of Motivational Interviewing in conjunction with sex education and alcohol education for at-risk adolescents involved in youth corrections. Individual and group sessions were conducted as a part of a NIAA-funded grant evaluating the neural correlates of adolescent decision making.  Supervisor: Sarah Feldstein Ewing, Ph.D. |
| 2008 | ***Research Therapist,*** *Department of Psychology, University of New Mexico.*  Duties: As part of a study, conducted sessions of Motivational Interviewing in conjunction with functional analyses for individual undergraduates concerned about alcohol use.  Supervisor: Theresa Moyers, Ph.D. |
| 2007-2008 | ***Neuropsychology Practicum,*** *Center for Neuropsychological Services, University of New Mexico Hospital, Albuquerque.*  Duties: Conducted neuropsychological evaluations for individuals with various neuropsychological concerns. Wrote reports and provided feedback to clients.  Supervisor: Robert Thoma, Ph.D. |
| 2006 | ***Research Therapist,*** *New Heart Wellness Center, Albuquerque.*  Duties: As part of a study, conducted sessions of Motivational Interviewing for individuals interested in weight loss, exercise, and health management.  Supervisor: Bruce Smith, Ph.D. |

|  |  |
| --- | --- |
| RESEARCH POSITIONS | |
| 2011-2017  2013 | ***Research Psychologist and Laboratory Manager,*** *Portland Psychotherapy Clinic, Research, and Training Center, Portland, OR.*  Duties: All aspects of collaborative psychological research, including laboratory management, supervision of research assistants, coordinating within and between research teams, working with institutional review boards, study design, data collection, data analysis, and writing. Research was on Acceptance and Commitment Therapy, psychological flexibility, mindfulness, shame, substance misuse, perspective taking, Relational Frame Theory, and memory.  ***Research Consultant,*** *Washington State University, Department of Psychology; research conducted in Portland, OR.*  Duties: Statistical analyses and paper writing on public health, psychological flexibility, and positive health psychology in college students. A paid position collaborating with Dr. Laura Hill at WSU, commissioned to Portland Psychotherapy. |
| 2008 | ***Research Assistant,*** *University of British Columbia, Department of Psychiatry; research conducted in Albuquerque, NM.*  Duties: Administered a computerized neuropsychological test battery to evaluate executive functioning in preschool-aged children. Research was on the development of executive abilities. |
| 2005-2006 | ***Laboratory Manager,*** *University of New Mexico, Department of Psychology.*  Duties: Set up a new laboratory and coordinated undergraduate researcher activity. Designed experiments, worked with an institutional review board, and conducted literature reviews. Wrote computer programs for experimental stimulus presentations and data analysis. Research was on aging, attention, and working memory. |
| 2005-2006 | ***Research Assistant,*** *University of New Mexico, Department of Psychology.*  Duties: Assisted with experimental design, worked with an institutional review board, and conducted literature reviews. Recruited, scheduled, and ran participants. Wrote computer programs for experimental stimulus presentations and data analysis. Research was on aging, working memory, inhibition, and visuospatial memory. |
| 2003 | ***Research Assistant,*** *University of Colorado at Colorado Springs, Department of Psychology.*  Duties: Conducted electroencephalograms, provided writing consultation, and coordinated an EEG database with an external database of cognitive neuropsychology testing data. Research was on aging, executive functioning, and sensory gating in individuals aged 18 to 100+ years. |
| 2001-2003 | ***Laboratory Manager and Coordinator,*** *University of Colorado at Colorado Springs, Department of Psychology.*  Duties: Organized internal laboratory activities and supervised undergraduate and graduate researchers. Coordinated cross-laboratory data collection and management. Conducted research, including literature reviews, experimental design, data collection, statistical analyses, and writing. Research was on the development and senescence of executive functioning in individuals aged 5 to 100+ years. |

|  |  |
| --- | --- |
| ACADEMIC TEACHING POSITIONS | |
| 2010 | ***Instructor,*** *University of New Mexico, Department of Psychology.*  Duties: Teaching the undergraduate psychology course PSY 430: Behavior Therapies; developing a syllabus, selecting course content, creating presentations, conducting lectures, proctoring exams, grading tests and papers, and providing student consultation. Course content included an overview of the basic principles of clinical behavior analysis and a survey of clinical behavior therapies (i.e., ACT, DBT, FAP, IBCT, BA), including outcome research. |
| 2004-2010 | ***Teaching Assistant,*** *University of New Mexico, Department of Psychology.*  Duties: Conducting guest lectures, proctoring exams, grading tests and papers, and providing student consultation. Training graduate students to administer WAIS-IIIs. Assisted classes include:  **∙** Cognitive psychology  **∙** Learning and memory  **∙** Research methods  **∙** Social psychology  **∙** Psychology of personality  **∙** Biopsychology  **∙** Graduate neuropsychology |
| 2002-2003 | ***Teaching Assistant,*** *University of Colorado at Colorado Springs, Department of Psychology.*  Duties: Conducted guest lectures, proctored exams, graded tests and papers, and provided student consultation. Classes included:  **∙** Introductory psychology  **∙** Biopsychology |

|  |  |
| --- | --- |
| POSTDOCTORAL TRAINING | |
| **2011-2013** | ***Psychological Residency/Postdoctoral Fellowship,*** *Portland Psychotherapy Clinic, Research, and Training Center, Portland, OR.*  Focus: Received specialized training in Acceptance and Commitment Therapy.  Duties: Conducting psychological research and providing psychotherapy at an outpatient clinic serving the general population.  Supervisors: Jason Luoma, Ph.D., Jenna LeJeune, Ph.D. |

|  |  |
| --- | --- |
| PREDOCTORAL INTERNSHIP | |
| **2010-2011**  First Half  Second Half  First Quarter  Second Quarter  Third Quarter  Fourth Quarter | ***APA Accredited Predoctoral Internship,*** *Mental Health Service, George E. Wahlen VA Medical Center, Salt Lake City.*  Outpatient Mental Health Rotation.  Duties: Conducting individual psychotherapy with OEF/OIF and Vietnam era veterans being treated in the outpatient Mood and Anxiety Disorders Clinic. Treatments were based in Clinical Behavior Analysis, with a supervisory emphasis on developing strong therapeutic relationships.  Supervisor: Thomas Aikins, Ph.D.  Outpatient Psychological Assessment Rotation.  Duties: Providing psychological and neuropsychological evaluations, including test administration, scoring, interpretation, and report writing, for outpatient veterans referred in a medical setting. Evaluating the psychological readiness of patients for surgery and organ transplant.  Supervisor: Jennifer Romesser, Psy.D.  Post-Deployment Adjustment (OEF/OIF) Rotation.  Duties: Assessing the polytrauma treatment needs of veterans returning from Iraq and Afghanistan in an interdisciplinary medical setting. Conducting neuropsychological assessments and providing individual psychotherapy for veterans with comorbid traumatic brain injury, PTSD, and adjustment issues.  Supervisors: Ashley Greenwell, Ph.D., Jennifer Romesser, Psy.D.  Inpatient Psychiatry Rotation.  Duties: Leading and co-leading a Yalom-based inpatient process group for veterans struggling with severe psychiatric issues. Providing individual psychotherapy and psychological/neuropsychological assessment services as part of an interdisciplinary psychiatric inpatient treatment team.  Supervisor: Richard Weaver, Ph.D.  Inpatient Mental Health Consultation/Liaison Rotation.  Duties: Providing brief psychotherapeutic interventions, conducting initial diagnostic evaluations, completing cognitive and personality testing, and offering clinical impressions to assist in medical treatment and disposition planning (e.g., evaluation for capacity; assessing medical compliance) as part of an interdisciplinary medical inpatient treatment team.  Supervisor: Tracy Black, Ph.D.  Dual Disorders Treatment (SUD/PTSD) Rotation.  Duties: Providing individual psychotherapy, assessment and treatment planning, and discharge planning for veterans coping with co-morbid substance abuse and PTSD. Co-facilitating psychoeducational relapse prevention and mindfulness groups in a multidisciplinary residential substance abuse program.  Supervisors: Tanya Miller, Psy.D., Warren Thorley, Ph.D. |

**THESIS AND DISSERTATION**

**Thesis**

**Guinther, P. M.** (2003). *Subjective organization and frontal lobe functioning across the lifespan.* Master’s thesis, University of Colorado at Colorado Springs, Colorado Springs, Colorado.

* + This cross-sectional investigation examined the relationship between frontal lobe (executive) functioning, subjective organization, and free recall memory in individuals aged 5-89 years.
  + Published in Experimental Aging Research.

**Dissertation**

**Guinther, P. M.** (2010). *Contextually-controlled semantic false memories in the form of derived relational intrusions following training.* Dissertation, University of New Mexico, Albuquerque, New Mexico.

* + In this study false memories were brought under contextual control by training participants to respond in terms of contextually-controlled semantic relationships.
  + Published in the Psychological Record.
  + Winner of the 2010 Society for the Advancement of Behavioral Analysis (SABA) Dissertation Grant.

**PUBLICATIONS**

**Journal Articles**

**Guinther, P. M.** Vlachodimos, V., & Stewart, I., (2022). Exploring the evocation of verbal perspective taking using a linguistic Relational Triangulation Questionnaire (RTQ-MST9). *The Psychological Record, 72*(3), 429-447.

**Guinther, P. M.** (2020). Deictic relational frames and relational triangulation: An open letter in response to Kavanagh, Barnes-Holmes, and Barnes-Holmes (2020). *The Psychological Record, 72*(1), 125-130.

Ruiz-Sanchez, L. J., Luciano, C., & **Guinther, P. M.**, (2019). Derived false memories using a respondent-type (ReT) procedure. *Journal of the Experimental Analysis of Behavior, 111*(1), 12-27.

**Guinther, P. M.** (2018). Contextual influence over deriving another’s false beliefs using a relational triangulation perspective taking protocol (RT-PTP-M2). *Journal of the Experimental Analysis of Behavior, 110*(3), 500-521.

Luoma, J. B., **Guinther, P. M.,** Lawless DesJardins, N. M., & Vilardaga, R. (2018). Is shame a proximal trigger for drinking? A daily process study with a community sample. *Journal of Experimental and Clinical Psychopharmacology, 26*(3), 290-301.

**Guinther, P. M.** (2017). Contextual influence over deriving other’s true beliefs using a relational triangulation perspective taking protocol (RT-PTP-M1). *Journal of the Experimental Analysis of Behavior, 108*(3), 433-456.

Luoma, J., **Guinther, P.**, Potter, J., & Cheslock, M. (2017). Experienced-based versus scenario-based assessments of shame and guilt and their relationship to alcohol consumption and problems. *Substance Use and Misuse, 52*(13), 1-9.

Thompson, B. L., Luoma, J. B., Terry, C. M., LeJeune, J. T., **Guinther, P. M.**, & Robb, H. (2015). Creating a peer-led acceptance and commitment therapy consultation group: The Portland model. *Journal of Contextual Behavioral Science, 4,* 144-150*.*

**Guinther, P. M.**, & Dougher, M. J. (2015). The clinical relevance of stimulus equivalence and Relational Frame Theory in influencing the behavior of verbally competent adults. *Current Opinion in Psychology, 2,* 21-25*.*

**Guinther, P. M.**, & Dougher, M. J. (2014). Partial contextual control of semantic false memories in the DRIFT paradigm. *The Psychological Record, 4,* 457-473*.*

Davis, H. P., Klebe, K. K., **Guinther, P. M.**, Schroder, K. B., Cornwell, R. E., & James, L. E. (2013). Subjective organization, verbal learning, and forgetting across the life span: From 5 to 89. *Experimental Aging Research, 39,* 1-26.

Wray, A. M., Dougher, M. J., Hamilton, D. A., & **Guinther, P. M.** (2012). Examining the reinforcing properties of making sense: A preliminary investigation. *The Psychological Record, 62,* 599-622.

**Guinther, P. M.**, & Dougher, M. J. (2010). Semantic false memories in the form of derived relational intrusions following training. *Journal of the Experimental Analysis of Behavior, 93,* 329-347*.*

Cornwell, R. E., Palmer, C. T., **Guinther, P. M.**, & Davis, H. P. (2005). Introductory psychology texts as a view of sociobiology/evolutionary psychology’s role in psychology. *Evolutionary Psychology, 3,* 355-374.

Kisley, M. A., Davalos, D. B., Engleman, L. L., **Guinther, P. M**., & Davis, H. P. (2005). Age- related change in neural processing of time-dependent stimulus features. *Cognitive Brain Research, 25,* 913-925.

Kisley, M. A., Noecker T. L., & **Guinther, P. M.** (2004). Comparison of sensory gating to mismatch negativity and self-reported perceptual phenomena in healthy adults. *Psychophysiology, 41,* 604-612*.*

**Guinther, P. M.**, Segal, D. L., & Bogaards, J. A. (2003). Gender differences in emotional processing among bereaved older adults. *Journal of Loss and Trauma, 8*, 15-33.

**Invited Book Chapters**

**Guinther, P. M.**, & Dougher, M. J. (2012). From behavioral research to clinical therapy. In G. J. Madden (Ed.), *APA Handbook of Behavior Analysis*. Washington, DC: American Psychological Association.

**Invited Blogs**

**Guinther, P. M.** (2018). Knowing thyselving. Invited blog for Association for Behavioral Analysis International, Symbolic Language and Thought Series.

**CONFERENCE PRESENTATIONS**

**Symposium/Paper Talks:**

**Guinther, P. M.** (2018). *Social modeling as derived perspective taking via relational triangulation.* Symposium talk presented at the 16th Annual Association for Contextual Behavioral Science World Conference, Montreal, Canada.

**Guinther, P. M.** (2016). *Contextual control of derived perspective taking using an operant relational triangulation perspective taking protocol.* Symposium talk presented at the 14th Annual Association for Contextual Behavioral Science World Conference, Seattle, WA.

Ruiz-Sanchez, G., Luciano, C., & **Guinther, P. M.** (2015). *Creating false memories through a respondent-type training (ReT).* Symposium talk for the 13th Annual Association for Contextual Behavioral Science World Conference, Berlin, Germany.

**Guinther, P.M.** & Dougher, M.J. (2012). *Correcting false memories in the DRIFT paradigm.* Symposium talk presented at the 10th Annual Association for Contextual Behavioral Science World Conference, Washington, D.C.

**Guinther, P. M.** & Dougher, M. J. (2008). *Derived relational intrusions following training.* Paper talk presented at the 34th Annual Association for Behavioral Analysis International Convention, Chicago, IL.

Davis, H. P., **Guinther, P. M.**, & Cornwell, R. E. (2004). *Subjective organization as a mediator between age and verbal recall.* Symposium talk presented at the Cognitive Aging Conference, Atlanta, GA.

**Poster Sessions:**

Luoma, J.B., **Guinther, P.**, & Vilardaga, R. (2016). *A multimethod investigation of shame as an antecedent for problem drinking.* Poster for the Annual Conference of the Society for Affective Science, Chicago, IL.

**Guinther, P. M.** (2015). *Perspective taking and theory of mind*. Poster presented at the 13th Annual Association for Contextual Behavioral Science World Conference, Berlin, Germany.

Luoma, J, **Guinther, P.**, & Vilardaga, R. (2014). *Shame, self-criticism, self-compassion, and psychological flexibility as predictors of drinking-related behavior.* Poster for the 12th Annual Association for Contextual Behavioral Science World Conference, Minneapolis, MN.

Bahan, M. J., Cheslock, M. L., Potter, J. E., **Guinther, P. M.**, & Luoma, J. B. (2014). *Multi- modal shame assessment predicting alcohol consumption and related problems.* Poster for the annual meeting of the Western Psychological Association, Portland, OR.

**Guinther, P. M.**, & Dougher M. J. (2009). *Contextually controlled derived relational intrusions following training.* Poster presented at the 35th Annual Association for Behavioral Analysis International Convention, Phoenix, AZ.

Butler, K. M., **Guinther, P. M.**, & Sitton, K. S. (2006). *Visual long-term memory in relation to working memory capacity.* Poster presented at the Association for Psychological Science’s 18th Annual Convention, New York, NY.

Sitton, K., **Guinther, P.**, & Butler, K. M. (2005). *Age differences in inhibitory processes: The effects of age, cue type and task demands on controlled responding*. Poster presented at the NIMH – Career Opportunities in Research Conference in Atlanta, GA.

Davis, H. P., **Guinther, P. M.**, Case, B., & Cornwell, R. E. (2004). *Probability classification learning in high functioning individuals between 5 and 90 years of age.* Poster presented at the Cognitive Aging Conference, Atlanta, GA.

Robertson, S. M., **Guinther, P. M.**, Case, B. L., Stone, K. D., & Davis, H. P. (2003). *Syllogistic reasoning as an indicator of frontal lobe functioning.* Poster presented at the 73rd Rocky Mountain Psychological Association Annual Meeting, Denver, CO.

Stone, K. D., **Guinther P. M.**, Robertson S. M., Case, B. L., & Davis, H. P. (2003). *Probability learning across the life span.* Poster presented at the 73rd Rocky Mountain Psychological Association Annual Meeting, Denver, CO.

Case, B. L., Burt, M., **Guinther, P. M.**, Stone, K. D., Robertson, S. M., & Davis, H. P. (2003).  *Interpretation of emotions: Recognition of facial expressions across the life span.* Poster presented at the 73rd Rocky Mountain Psychological Association Annual Meeting, Denver, CO.

**Guinther, P. M.**, Robertson, S. M., Case, B. L., Stone, K. D., & Davis, H. P. (2003). *Verbal and visuospatial forgetting across the life span: From 5 to 89.* Poster presented at the 73rd Rocky Mountain Psychological Association Annual Meeting, Denver, CO.

**Guinther, P.**, Davis H., & Keller, F. (2003). *A life span assessment of subjective organization and frontal lobe functioning.* Poster presented at the 31st International Neurological Society Annual Meeting, Honolulu, Hawaii.

Stone, K. & **Guinther, P.** (2002). *Probability learning across the life span.* Poster presented at the 72nd Rocky Mountain Psychological Association Annual Meeting, Park City, Utah.

Keller, F. R., Cornwell, R. E., **Guinther, P.**, & Davis, H. P. (2002). *Implicit learning on an artificial grammar and a conditional probability learning task across the lifespan.* Poster presented at the Cognitive Aging Conference, Atlanta, Georgia.

**Guinther, P.** & Stone, K. (2002). *Subjective organization across the lifespan.* Poster session presented at the 72nd Rocky Mountain Psychological Association Annual Meeting, Park City, Utah.

**Guinther, P.**, Segal, D., & Bogaards, J. (2000). *Gender differences in emotional processing among bereaved older adults.* Poster presented at the annual scientific meeting of the Gerontological Society of America, Washington, DC.

# CLINICAL PRESENTATIONS, COURSES, AND WORKSHOPS DELIVERED

* Whitman, D. Hromco, J., & **Guinther, P.** (April 2018). *Health Psychology Training Series Part 1, DSM-5 Somatic Diagnoses and Treatment.* Paid training presented for Western Psychological and Counseling Services, P.C., Portland, OR.
* **Guinther, P.**, Thompson, B., LeJeune, J., Terry, C., Robb, H., Bushberg, S., Rower, S., Hardy, S., & Shankar, A. (June 2014). *Creating Your Own Peer-Led ACT Consultation Group.* Workshop presented at the 12th Annual Association for Contextual Behavioral Science World Conference, Minneapolis, MN.
* **Guinther, P. M.** (April 2014). Acceptance and Commitment Therapy: Applications for Grief and Bereavement. An invited lecture for Transitions Professional Center, Portland, OR.
* **Guinther P. M.** (January 2014). *The Winter Blues: A Guide to Seasonal Affective Disorder*. An invited educational class delivered as a free public service through the Multnomah County Library system, Portland, OR.
* Luoma, J. B., & **Guinther, P. M.** (September 2012). *Introduction to Acceptance and Commitment Therapy.* Invited one-day workshop covering theoretical and experiential aspects of ACT, for LifeWorks Northwest, Portland, OR.
* Thompson, B., Luoma, J., LeJeune, J., Terry, C., Bushberg, S., **Guinther, P.**, & Robb, H. (July 2012). *Creating Your Own Peer-Led ACT Consultation Group.* Workshop presented at the 10th Annual Association for Contextual Behavioral Science World Conference, Washington, D.C.
* Luoma, J. B., & **Guinther, P. M.** (May 2012). *Developing Your Acceptance and Commitment Therapy Toolkit: Using Physical Props in* *ACT*. A two-hour continuing education workshop for clinicians to learn therapeutic techniques. Offered through the Portland Psychotherapy Clinic, Research, and Training Center, Portland, OR.
* Luoma, J. B., & **Guinther, P. M.** (February 2012; April 2012). *ACT on Life*. A 10-week course for clinicians and community members to develop an experiential understanding of ACT. Offered through the Portland Psychotherapy Clinic, Research, and Training Center, Portland, OR.

# MEMBERSHIP IN PROFESSIONAL ORGANIZATIONS

* Association for Contextual Behavioral Science
* Association for Behavioral Analysis International

**PROFESSIONAL SERVICE**

* Reviewer for ACBS Research Development Grant, 2017
* Reviewer for ACBS World Conference, 2015
* Reviewer for Death Studies
* Reviewer for European Journal of Behavior Analysis
* Reviewer for Journal of the Experimental Analysis of Behavior
* Reviewer for Journal of Contextual Behavioral Science
* Reviewer for Spanish Journal of Psychology
* Reviewer and guest editor for The Psychological Record

**PROFESSIONAL REFERENCES**

Brian Thompson, Ph.D.

Psychologist

Anxiety Clinic Director

Portland Psychotherapy Clinic, Research, and Training Center

3700 N. Williams Ave.

Portland, OR 97223

Office: 503-281-4852 ext. 214

bthompson@portlandpsychotherapyclinic.com

Dawn Whitman, Psy.D.

Owner/Psychologist

Psychological Services Connection

811 SW 6th Avenue

Suite 1000

Portland, OR 97204

Office: 503-334-3035

info@orpsc.com

Thomas Aikins, Ph.D.

Psychologist

VA Salt Lake City Health Care System

Department of Psychology (116B)

500 Foothill Dr.

Salt Lake City, UT 84148

Office: 801-582-1565, Ext. 2336

Thomas.Aikins@va.gov